



SUNSET ATHLETIC CLUB TENNIS ACTIVITIES AND ADULT LESSON SCHEDULE

- **LEAGUES** MEN'S AND WOMEN'S USTA LEAGUES, LADIES FLIGHTS, WOMEN'S CITY LEAGUE (MATCH PLAY VS OTHER CLUBS).
- **LADIES DAY FREE LESSON WITH KRISTI** 1ST AND 3RD FRIDAY MORNINGS: FREE DRILL SESSION FROM 9:30 AM – 10:45 AM UP TO 16 PLAYERS. SIGN UP IN TENNIS CENTER ON 2ND AND 4TH FRIDAYS SINGLES ROUND ROBIN FLIGHTS CONTACT NIREN FOR DETAILS
- **LADIES NIGHT TUESDAYS** FREE DRILL SESSION 1ST TUESDAY OF EVERY MONTH. SIGN UP IN TENNIS CENTER. OPEN PLAY LADIES NIGHT 7:30PM ON OTHER 3 TUESDAYS OF MONTH
- **PRIVATE LESSONS** PRIVATES AVAILABLE FROM ALL PRO'S
- **NEW MEMBER LESSON** FREE ½ HOUR LESSON FOR NEW MEMBERS PER MEMBERSHIP (OR ½ HR LESSON FOR FAMILY/COUPLE)
- **GROUP LESSONS WITH NIREN** MONDAY NIGHTS 6-7PM 3.0-3.5 UP TO 6 PLAYERS. SIGN UP IN TENNIS CENTER IN ADULT LESSON BOOK
- **MEN'S NIGHT** THURSDAYS 6:15-10PM. SIGN UP UPON ARRIVAL. ALL LEVELS
- **MEN'S MORNING** SATURDAY 8:00AM-10:45AM 4.0 LEVEL AND ABOVE. COME WITH A 4.0 PARTNER IF 3.5 LEVEL PLAYER 10:45AM-1:15PM 3.5 LEVEL AND BELOW, PARTNER NOT NEEDED.
- **MEN'S SENIOR DOUBLES MORNING** TUESDAY AND THURSDAY 10:45AM-1:15AM. ALL LEVELS. PARTNER NOT NEEDED.
- **JUNIOR NIGHT AND JTT** SELECT SUNDAYS JUNIOR MIXERS AND JUNIOR TEAM TENNIS LEAGUE
- **JUNIOR LADDER/TOURNAMENTS** INTRACLUB MATCHES FOR JUNIORS/USTA SANCTIONED JUNIOR EVENTS.
- **JUNIOR LESSONS** JUNIOR LESSONS START WITH TINY TOTS, THEN BEGINNER, INTERMEDIATE, ADVANCED, PRE-INVITATIONAL AND INVITATIONAL.
- **ADULT GROUP LESSONS** ADVERTISED AND PRIVATE GROUPS AVAILABLE.
- **TOURNAMENTS** CLUB DOUBLES AND SINGLES TOURNAMENTS THROUGHOUT THE YEAR ALWAYS INCLUDES A THEME AND A PARTY!
- **MIXED DOUBLES NIGHTS** SELECT FRIDAYS WITH NIREN POTLUCK AND FUN TENNIS!
- **FITNESS MEMBERS/NON MEMBERS** FITNESS MEMBERS AND NON MEMBER GUESTS MAY USE CLUB UP TO 5 TIMES A YEAR. GUESTS MUST BE WITH A MEMBER. FITNESS MEMBERS MAY BOOK DAY OF PLAY ONLY COURTS AT NON PRIME TIME.

CONTACT NIREN FOR ALL TENNIS INFO AT NIRENLALL@YAHOO.COM

USPTA CERTIFIED PROS

**NIREN LALL – DIRECTOR OF TENNIS
TEACHING PRO'S: KRISTI SOMERS - TIM SMITHER – NATHAN RAMOS
– MICHELLE AMAN**